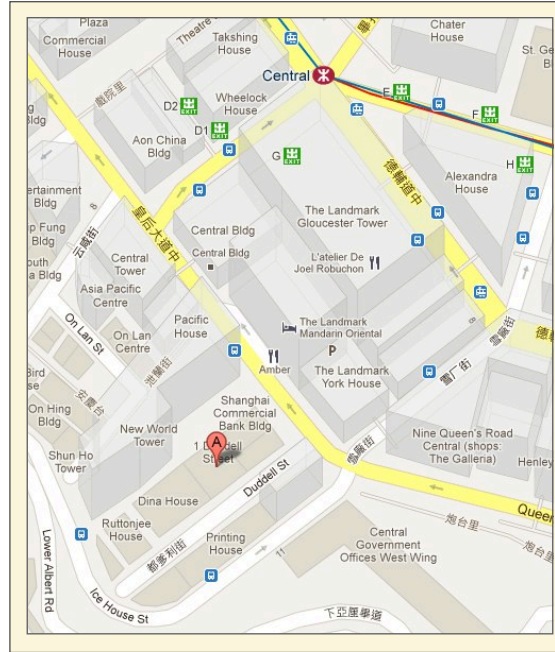


## My Physical

It's important to have regular health checks. They serve several functions including:

- checking the state of your physical health
- monitoring chronic conditions like hypertension and diabetes
- assessing progress in achieving your health targets
- screening for 'hidden' health issues
- reassurance

Here at The London, we have designed 3 simple to understand, yet comprehensive, health check plans. We would encourage you to consult with one of our doctors before booking to ensure the most suitable plan is selected. Personalised plans can also be arranged to tailor for specific health needs.



9TH FLOOR, NO.1 DUDDLELL STREET  
CENTRAL, HONG KONG

**Car Park:** Nearest car park is at Cheung Kong Centre

**MTR:** Nearest exit, Central Station Exit G

**Taxi:** Drop off at front entrance of 1 Duddell Street or  
The Landmark Mandarin Oriental Hotel

(Wheelchair access is available via a ramp at the main  
entrance )

Mon-Fri: 8.30am to 7.00pm

Saturday: 9.00am to 1.00pm

Sunday: Closed

### APPOINTMENTS

TEL: +(852) 2537 6898

FAX: +(852) 2537 6000

Email: [info@thelondonmedicalclinic.com](mailto:info@thelondonmedicalclinic.com)

Web: [www.thelondonmedicalclinic.com](http://www.thelondonmedicalclinic.com)

## Other Health Checks

Other specialised health checks are available here at The London. Please enquire with reception for further details:

- ❖ Full Sexual Disease Health Check
- ❖ Pre-marital / Pre-conception Health Check
- ❖ Pre-employment Health Check
- ❖ New Domestic Helper Health Check
- ❖ School Health Check

# The London

MEDICAL CLINIC

## My Annual Physical

Health Check Leaflet



# Male

	Comprehensive (HKD \$4800)	Executive (HKD \$6800)	Premium (HKD \$11900)
Chest problems (Chest X-Ray)	✓	✓	✓
Anaemia & Blood Type	✓	✓	✓
Kidney (Basic)	✓	✓	✓
Liver & Cholesterol	✓	✓	✓
Heart Disease (ECG)	✓	✓	✓
Diabetes (Basic)	✓	✓	✓
Hepatitis A & B	✓	✓	✓
Gout & Inflammation	✓	✓	✓
Thyroid (Basic)	✓	✓	✓
Urine problems	✓	✓	✓
Stool problems	✓	✓	✓
Kidney (Detailed)		✓	✓
Diabetes (Detailed)		✓	✓
Ferritin & Iron		✓	✓
Stomach Bacteria		✓	✓
Bone (Calcium)		✓	✓
Vitamin D		✓	✓
Thyroid (Detailed)			✓
Heart Disease (Stress Exercise ECG)			✓
HIV & Syphilis			✓
Whole Abdominal Ultrasound (incl. prostate)			✓
Cancer Markers: Pancreas, Bowel, Liver, Prostate, Head & Neck			✓
Hepatitis C			✓

## Personalised Health Checks

We can also create a health care package tailor made to suit your budget or health insurance coverage.

All packages include:

- Consultation with a doctor
- Medical History and Full Physical Examination
  - Blood pressure
  - BMI
  - Visual acuity & Colour vision
  - Prostate & Testicular examination (male)
  - Pelvic & Breast examination (female)
- Detailed Report and Comparison Charts
- Follow-Up Consultation with a doctor

## Additional Tests

A number of additional tests can also be included on the day of the health check.

Mammogram	HK\$1700
Ultrasound Whole Abdomen (liver, gallbladder, pancreas, kidneys, prostate or ovaries)	HK\$2500
Stress Exercise ECG	HK\$1900
HPV DNA Test	HK\$800
Chlamydia & Gonorrhoea DNA Urine Test	HK\$900
Full STD screening	HK\$2000
Bone DEXA Scan	HK\$900

# Female

	Comprehensive (HKD \$5200)	Executive (HKD \$7800)	Premium (HKD \$12900)
Chest problems (Chest X-Ray)	✓	✓	✓
Cervical Cancer (PAP Smear)	✓	✓	✓
Anaemia & Blood Type	✓	✓	✓
Kidney (Basic)	✓	✓	✓
Liver & Cholesterol	✓	✓	✓
Breast Cancer (Ultrasound)	✓	✓	✓
Heart Disease (ECG)	✓	✓	✓
Diabetes (Basic)	✓	✓	✓
Hepatitis A & B	✓	✓	✓
Gout & Inflammation	✓	✓	✓
Thyroid (Basic)	✓	✓	✓
Urine problems	✓	✓	✓
Stool problems	✓	✓	✓
Kidney (Detailed)		✓	✓
Diabetes (Detailed)		✓	✓
Ferritin & Iron		✓	✓
Stomach Bacteria		✓	✓
Bone (Calcium)		✓	✓
Vitamin D		✓	✓
Thyroid (Detailed)			✓
Heart Disease (Stress Exercise ECG)			✓
HIV & Syphilis			✓
Whole Abdominal Ultrasound (incl. ovaries)			✓
Cancer Markers: Pancreas, Liver, Ovarian, Bowel, Head & Neck			✓
Hepatitis C			✓