

My Physical

It's important to have regular health checks. They serve several functions including:

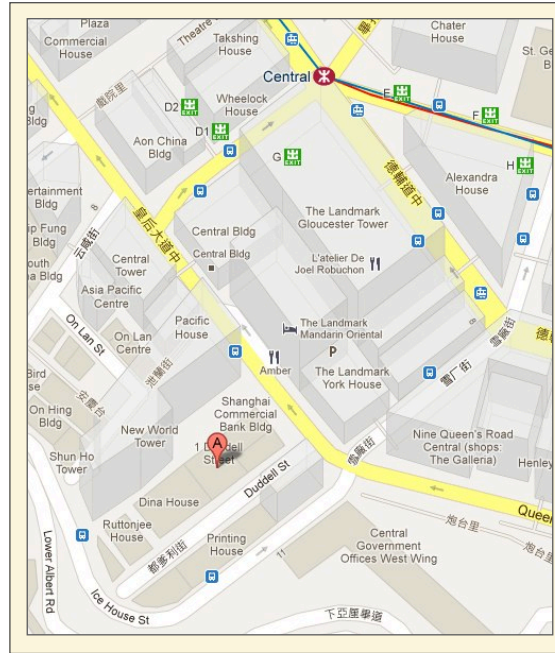
- checking the state of your physical health
- monitoring chronic conditions like hypertension and diabetes
- assessing progress in achieving your health targets
- screening for 'hidden' health issues
- reassurance

Here at The London, we have designed 3 simple to understand, yet comprehensive, health check plans. We would encourage you to consult with one of our doctors before booking to ensure the most suitable plan is selected. Personalised plans can also be arranged to tailor for specific health needs.

Other Health Checks

Other specialised health checks are available here at The London. Please enquire with reception for further details:

- ❖ Full Sexual Disease Health Check
- ❖ Pre-marital / Pre-conception Health Check
- ❖ Pre-employment Health Check
- ❖ New Domestic Helper Health Check
- ❖ School Health Check
- ❖ Teenager Health Check



9TH FLOOR, NO.1 DUDELL STREET
CENTRAL, HONG KONG

Car Park: Nearest car park is at Cheung Kong Centre

MTR: Nearest exit, Central Station Exit G

Taxi: Drop off at front entrance of 1 Duddell Street or
The Landmark Mandarin Oriental Hotel

(Wheelchair access is available via a ramp at the main entrance)

Mon-Fri: 8.30am to 7.00pm

Saturday: 9.00am to 1.00pm

Sunday: Closed

APPOINTMENTS

TEL: +(852) 2537 6898

FAX: +(852) 2537 6000

Email: info@thelondonmedicalclinic.com

Web: www.thelondonmedicalclinic.com

The London

MEDICAL CLINIC

My Annual Physical

Health Check Leaflet



Male

	Comprehensive (HKD \$5200)	Executive (HKD \$7200)	Premium (HKD \$13800)
Chest problems (Chest X-Ray)	✓	✓	✓
Anaemia & Blood Type	✓	✓	✓
Kidney Function	✓	✓	✓
Liver & Cholesterol	✓	✓	✓
Heart Disease (ECG)	✓	✓	✓
Diabetes	✓	✓	✓
Hepatitis A & B	✓	✓	✓
Gout & Inflammation	✓	✓	✓
Thyroid Function	✓	✓	✓
Urine tests	✓	✓	✓
Stool tests	✓	✓	✓
Ferritin & Iron	✓	✓	✓
Stomach Bacteria (HP)		✓	✓
Bone (Calcium)		✓	✓
Vitamin D		✓	✓
Cancer Markers: Bowel & Prostate		✓	✓
Heart Disease (Stress Exercise ECG)			✓
Homocysteine & Ultrasensitive CRP (Heart disease risk)			✓
Sexual Health Screen			✓
Whole Abdominal Ultrasound (incl. prostate)			✓
Cancer Markers: Pancreas, Liver, Head & Neck			✓

Personalised Health Checks

We can also create a health care package tailor made to suit your budget or health needs.

All packages include:

- Initial consultation with a doctor to discuss health needs
- Review of vaccinations
- Skin check
- Medical History and Full Physical Examination

Blood pressure
 BMI
 Visual acuity & Colour vision
 Prostate & Testicular examination (male)
 Pelvic & Breast examination (female)

- Detailed Report and Comparison Charts
- Follow-Up Consultation with a doctor
- Referral to Specialist or other health professionals if required

Additional Tests

A number of additional tests can also be included on the day of the health check.

Mammogram
Ultrasound Whole Abdomen (liver, gallbladder, pancreas, kidneys, prostate or ovaries)
Stress Exercise ECG
HPV DNA Test
Sexual Health Screening
CT Angiogram
Bone DEXA Scan

Female

	Comprehensive (HKD \$5800)	Executive (HKD \$8500)	Premium (HKD \$14300)
Chest problems (Chest X-Ray)	✓	✓	✓
Cervical Cancer (PAP Smear)	✓	✓	✓
Anaemia & Blood Type	✓	✓	✓
Kidney Function	✓	✓	✓
Liver & Cholesterol	✓	✓	✓
Breast Cancer (Ultrasound)	✓	✓	✓
Heart Disease (ECG)	✓	✓	✓
Diabetes	✓	✓	✓
Hepatitis A & B	✓	✓	✓
Gout & Inflammation	✓	✓	✓
Thyroid	✓	✓	✓
Urine tests	✓	✓	✓
Stool tests	✓	✓	✓
Ferritin & Iron	✓	✓	✓
Stomach Bacteria (HP)		✓	✓
Bone (Calcium)		✓	✓
Vitamin D		✓	✓
Cancer Markers: Ovarian & Bowel		✓	✓
Heart Disease (Stress Exercise ECG)			✓
Homocysteine & Ultrasensitive CRP (Heart disease risk)			✓
Sexual Health Screen			✓
Whole Abdominal Ultrasound (incl. ovaries)			✓
Cancer Markers: Pancreas, Liver, Head & Neck			✓